

CULTURE OF MOUSE ENTERIC ORGANOIDS USING CULTREXTM ULTIMATRIX BASEMENT MEMBRANE EXTRACT

Organoid cultures represent the next generation of tissue culture models. These cultures are extracted directly from living tissues and are never cultured in an artificial, tissue culture-treated plastic environment. Instead, stem cell populations are maintained using a feeder layer-free extracellular matrix environment under non-differentiating conditions. When subjected to differentiating conditions, these organoids exhibit expression of tissue-specific genes and differentiation of stem cells into tissue-specific architecture and cell types. The protocol provided below is intended to culture organoid progenitor cells from normal and healthy mouse gastric, small intestine, or colon tissues using CultrexTM UltiMatrix RGF Basement Membrane Extract as a scaffold.

This protocol provides a procedure for subculturing normal mouse enteric organoids, modified from the original submerged method published by Yin, X. et al. (2014) Nat. Methods 11:106. The "Method" section of this protocol includes a series of tips on how to prepare culturing media for each type of enteric organoid culture (gastric, small intestine, and colon) as well as a general guide to start and passage these organoids.

Note: The majority of reagents used in this protocol were sourced from the Bio-Techne brands of R&D Systems and Tocris Bioscience.

EQUIPMENT

- 1. Cell culture incubator (37 °C, 5% CO₃)
- 2. Cell culture hood with laminar flow
- 3. Centrifuge with refrigeration and swinging bucket rotor
- 4. 37 °C water bath
- 5. Ice bucket
- 6. Laboratory refrigerator
- 7. Pipet-Aid and serological pipettes (5 mL)
- 8. Micropipettes and tips (2-200 μ L)

- 9. Conical tubes, 10 mL and 50 mL, sterile
- 10.24-well plate, tissue-culture treated, sterile
- 11. Vacuum pump
- 12. Medium filtration unit, 0.1 µm, 500 mL, sterile
- 13. Syringe, 50 mL, sterile
- 14. Syringe filter, 0.2 µm, sterile
- 15. Cell culture waste container
- 16.20-gauge needle, sterile

MATERIALS

PRODUCT NAME	SUPPLIER	CATALOG #	
Cultrex Organoid Harvesting Solution	R&D Systems	3700-100-01	
Cultrex UltiMatrix Reduced Growth Factor Basement Membrane Extract	R&D Systems	BME001-05	
Advanced DMEM/F-12 Cell Culture Medium			
Glutamine	Tocris Bioscience	5823	
HEPES	Tocris Bioscience	3173	
Penicillin/Streptomycin			
N21-MAX Supplement	R&D Systems	AR008	
N-2 MAX Supplement	R&D Systems	AR009	

PRODUCT NAME	SUPPLIER	CATALOG #
N-Acetylcysteine	Tocris Bioscience	5619
Valproic Acid	Tocris Bioscience	2815
Recombinant Human EGF	R&D Systems	236-EG
Recombinant Human Noggin	R&D Systems	6057-NG
Recombinant Human FGF-10	R&D Systems	345-FG
Recombinant Human Wnt-3a	R&D Systems	5036-WN
Recombinant Human R-Spondin 1	R&D Systems	4645-RS
CHIR 99021 (GSK-3 inhibitor)	Tocris Bioscience	4423
Y-27632 dihydrochloride (Rho kinase inhibitor)	Tocris Bioscience	1254

TABLE 1. Ready-to-use materials needed for mouse enteric organoid culture.

OTHER REQUIRED REAGENTS

- 1. Distilled (DW) or deionized water (DI)
- 2. Phosphate buffered saline (PBS)
- 3. 1% Ammonium
- 4. 1% BSA/PBS
- 5. DMSO

REAGENT PREPARATION

Use aseptic technique at all times during this protocol.

1. Prepare stock solutions for mouse enteric organoid culture, as indicated in Table 2:

REAGENT NAME	SOLVENT	STOCK SOLUTION	PREPARATION	STORAGE
N-Acetylcysteine	DI water	500 mM = 81.6 mg/mL	200 mg in 2.4 mL	4 °C
Glutamine	PBS	100 mM = 14.6 mg/mL	0.73 g in 50 mL	4 °C
Recombinant Human EGF	1% BSA/PBS	500 μg/mL	200 μg in 400 mL	-80 °C
Recombinant Human R-Spondin 1	1% BSA/PBS	1 mg/mL	1 mg in 1 mL	-80 °C
Recombinant Human Noggin	1% BSA/PBS	100 μg/mL	100 μg in 1 mL	-80 °C
Recombinant Human Wnt-3a	1% BSA/PBS	600 μg/mL	500 μg in 833 μL	-80 °C
Valproic Acid	DI water	200 mM = 33 mg/mL	100 mg in 3 mL	-20 °C
CHIR 99021	DMSO	20 mM = 9.3 mg/mL	10 mg in 1.08 mL	-20 °C
Y-27632 dihydrochloride	PBS	10 mM = 3.2 mg/mL	10 mg in 3.1 mL	4 °C
HEPES	DI water	1 M = 238.3 mg/mL	11.9 g in 50 mL	4 ° C

TABLE 2. Preparation of stock solutions for gastric organoid culture medium.

2. Prepare 10X Solution M1, as indicated in TABLE 3:

REAGENT	[STOCK]	[FINAL]	VOLUME
N21-MAX Supplement	50X	10X	20 mL
Glutamine	100 mM	20 mM	20 mL
HEPES	1 M	100 mM	10 mL
Penicillin/Streptomycin	100X	10X	10 mL

N-2 MAX Supplement	100X	10X	10 mL
N-Acetylcysteine	500 mM	10 mM	2 mL
Advanced DMEM/F-12 Cell Culture Medium	N/A	N/A	28 mL
		Total	100 mL

[STOCK]

[FINAL]

VOLUME

REAGENT

TABLE 3. Preparation of 10X Solution M1.

Dispense 4.5 mL per tube into sterile 15 mL conical tubes, label, and store at ≤-20 °C.

3. Prepare 10X Solution M2, as indicated in Table 4:

REAGENT	[STOCK]	[FINAL]	VOLUME	
Recombinant Human Noggin	100 μg/mL	1 μg/mL	1 mL	
Recombinant Human EGF	500 μg/mL	50 ng/mL	100 μL	

REAGENT [STOCK] [FINAL] VOLUME

Advanced DMEM/F-12 Cell Culture Medium N/A N/A 97.9

Total 100 mL

TABLE 4. Preparation of 10X Solution M2.

Dispense 4.5 mL per tube into sterile 15 mL conical tubes, label, and store at <-70 °C.

- 4. Prepare 1000X Solution M3 by dissolving 500 μg of Wnt-3a in 833 μL of 1% BSA/PBS, and store at ≤-70 °C.
- 5. Prepare 1000X Solution M4 by dissolving 1 mg of R-Spondin 1 in 1 mL of 1% BSA/PBS, and store at ≤-70 °C.
- 6. Prepare 10X Solution M5, as indicated in TABLE 5:

REAGENT	[STOCK]	[FINAL]	VOLUME
Valproic Acid	200 mM	20 mM	10 mL
CHIR 99021	20 mM	25 μΜ	125 μL

REAGENT	[STOCK]	[FINAL]	VOLUME
Advanced DMEM/F-12 Cell Culture Medium	N/A	N/A	89.9 mL
		Total	100 mL

TABLE 5. Preparation of 10X Solution M5.

Dispense 4.5 mL per tube into sterile 15 mL conical tubes, label, and store at ≤-20 °C.

- 7. Prepare 500X Solution M6 by suspending FGF-10 at a concentration of 100 µg/mL in 1% BSA/PBS, and store at ≤-70 °C.
- 8. Prepare Organoid Culture Medium To prepare each type of Mouse Enteric Organoid Culture Medium, add the appropriate Stock Solution to a 50 mL conical tube, and complete with Advanced DMEM/F12 medium to a final volume of 45 mL. Filter sterilize and keep medium stored at 4 °C for no longer than 2 weeks, as growth factors and supplements lose activity after prolonged storage. Use Table 6 as reference.

SOLUTION	NAME	STORAGE	CONCENTRATION	GASTRIC	SMALL INTESTINE	COLON	ALIQUOT VOLUME
M1	Supplements	-20 °C	10X	X	X	X	4.5 mL
M2	EGF/Noggin	-80 °C	10X	X	Х	Х	4.5 mL
M3	Wnt-3a	-80 °C	1000X	Х		Х	45 μL
M4	R-Spondin 1	-80 °C	1000X	X	X	X	45 μL
M5	Valproic Acid	-80 °C	10X	Х	Х		4.5 mL
M6	FGF-10	-80 °C	500X	Х			9 μL

TABLE 6. Summary of stock solution volumes needed to prepare Mouse Enteric Organoid Culture Medium.

PROTOCOLS

- 1. Starting Organoids from a Cryovial
 - a. Thaw Cultrex UltiMatrix RGF BME on ice for four hours or overnight in the refrigerator.
 - b. Thaw cryovial containing organoids in a 37 °C water bath. **Note:** The contents should thaw in 2-3 minutes; do not allow the cryovial to remain at 37 °C any longer than is necessary.
 - c. Transfer the contents of the cryovial to a 15 mL conical tube and add 9 mL of Advanced DMEM/F12 with 10% FBS. Gently pipet up and down three times using a serological pipette to resuspend organoids. **Note:** Organoids may be counted at this time if needed to determine seeding volumes.
 - d. Centrifuge the vial at 500 × g for 3 minutes to pellet organoids, and aspirate medium.
 - e. Resuspend organoids in Cultrex UltiMatrix RGF Basement Membrane Extract at 10,000 organoids per mL (500 organoids per 50 μL). Pipet up and down three times using a serological pipette to disperse organoids in Cultrex UltiMatrix RGF Basement Membrane Extract, and dispense 50 μL of the Cultrex UltiMatrix RGF Basement Membrane Extract/organoid mixture in the center of each well of a 24 well plate (Image 1) or arrange domes placing 6 to 8 domes in a well of a 6-well plate (Image 2). Note: The Cultrex UltiMatrix RGF Basement Membrane Extract-contained organoids should not touch the sides of the well.
 - f. Incubate the plate in the cell culture incubator for 25 minutes to polymerize the Cultrex UltiMatrix RGF Basement Membrane Extract.
 - g. Calculate the volume of Organoid Starting/Passaging Medium needed.
 - h. Prepare Organoid Starting/Passaging Medium by adding Y-27632 dihydrochloride to the Organoid Culture Medium at a final concentration of 10 μ M.
 - i. Add $500\,\mu\text{L}$ of Organoid Starting/Passaging Medium per well of a 24-well plate or 3 mL per well of a 6-well plate. **Note:** Medium should be gently pipetted into the corner of the well away from the Cultrex UltiMatrix RGF Basement Membrane Extract domes to prevent their disruption.
 - j. Return plate containing organoid cultures to the cell culture incubator to promote organoid growth.

PLACEMENT OF CULTREX ULTIMATRIX RGF BASEMENT MEMBRANE EXTRACT/ORGANOID MIXTURE IN TISSUE CULTURE PLATES.



 $\label{localization} \begin{array}{ll} \textbf{IMAGE 1.} & \textbf{Placement of Cultrex UltiMatrix RGF Basement Membrane Extract/} \\ \textbf{organoid mixture in the center of the well of a 24-well plate.} \end{array}$



IMAGE 2. Placement of Cultrex UltiMatrix RGF Basement Membrane Extract/ organoid mixture in the center of the well of a 24-well plate.

2. Organoid Culture Maintenance

The culture medium should be aspirated from each well and replaced with fresh Organoid Culture Medium every other day. Mouse enteric organoids can be cultured for up to two weeks before passaging (see protocol below).

Note: Medium should be gently aspirated from and pipetted into the corner of the well away from the Cultrex UltiMatrix RGF Basement Membrane Extract to prevent its disruption.

3. Passaging Organoids

a. View organoids under the microscope. Each well should contain approximately 100 to 500 organoids for optimal growth. Organoids cultures exhibiting rapid growth may be split 1:4 during passaging, while slow growing cultures may benefit from a 1:1 split. Make this determination prior to harvesting to estimate reagent needs before starting.

Note: Organoid density is important for optimal growth; too many organoids will strain culture resources, while too few organoids lack paracrine signaling necessary to sustain growth.

- b. Aspirate the medium without disturbing the organoids at the bottom of the wells.
- c. Wash each well with 10 volumes of cold (4 °C) PBS, and aspirate without disturbing the Cultrex UltiMatrix RGF Basement Membrane Extract dome.
- d. Add 10 volumes of cold (4 °C) Cultrex Organoid Harvesting Solution to each well to depolymerize the Cultrex UltiMatrix RGF Basement Membrane Extract. Each well contained 50 μL of Cultrex UltiMatrix RGF Basement Membrane Extract, so 500 μL of Organoid Harvesting Solution will be needed per dome in the plate.
- e. Place the plate(s) in a 4 °C cooler with moderate shaking for one hour to depolymerize the Cultrex UltiMatrix RGF Basement Membrane Extract.

Note: Most of the Cultrex UltiMatrix RGF Basement Membrane Extract should be visibly depolymerized during this incubation; however, some small amount may remain.

- f. Pipet up and down three times with a serological pipette across the well to solubilize any remaining gel.
- q. Pass the organoid solution through a 20-gauge needle into a conical tube to fragment organoids.
- h. Centrifuge the tube at $500 \times g$ at $4 \,^{\circ}$ C for 5 minutes.
- i. Aspirate solution but be careful not to disturb the organoid pellet.
- j. Resuspend pellet in 10 volumes of cold (4 °C) PBS.
- k. Centrifuge the tube at $500 \times g$ at $4 \, ^{\circ}$ C for 5 minutes.
- I. Aspirate solution but be careful not to disturb the organoid pellet.
- m. Repeat centrifugation and aspiration to remove all of the liquid to prevent dilution of the Cultrex UltiMatrix RGF Basement Membrane Extract.
- n. Resuspend segmented organoids in Cultrex UltiMatrix RGF Basement Membrane Extract and dispense 50 μ L of the Cultrex UltiMatrix RGF Basement Membrane Extract/organoid mixture to form a dome.

Note: The Cultrex UltiMatrix RGF Basement Membrane Extract-contained organoids should not touch the sides of the well.

- o. Incubate the plate in the cell culture incubator for 25 minutes to polymerize Cultrex UltiMatrix RGF Basement Membrane Extract.
- p. Add 500 µL of Organoid Starting/Passaging Medium per dome.

Note: Medium should be gently pipetted into the corner of the well away from the Cultrex UltiMatrix RGF BME to prevent its disruption.

q. Return plate containing organoid cultures to the cell culture incubator to promote organoid growth.

4. Cryobanking Organoids

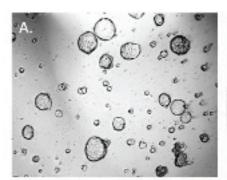
- a. View organoids under the microscope. Each well should contain approximately 100-500 organoids.
- b. Aspirate the medium without disturbing the organoids at the bottom of the wells.
- c. Wash each well with 10 volumes of cold (4 °C) PBS, and aspirate without disturbing the Cultrex UltiMatrix RGF Basement Membrane Extract dome.

- d. Add 10-20 volumes of cold (4 °C) Organoid Harvesting Solution to each well to depolymerize the Cultrex UltiMatrix RGF Basement Membrane Extract.
- e. Place the plate(s) in a 4 °C cooler with moderate shaking for one hour to depolymerize the Cultrex UltiMatrix RGF Basement Membrane Extract.

Note: Most of the Cultrex UltiMatrix RGF Basement Membrane Extract should be visibly depolymerized during this incubation; however, some small amount may remain.

- f. Pipet up and down three times with a serological pipette across the well to solubilize any remaining gel.
- g. Pass the organoid solution through a 20-gauge needle into a conical tube to fragment organoids.
- h. Centrifuge the tube at $500 \times g$ at $4 \, ^{\circ}C$ for 5 minutes.
- i. Aspirate solution but be careful not to disturb the organoid pellet.
- j. Resuspend pellet in 10 volumes of cold (4 °C) PBS.
- k. Centrifuge the tube at 500 × g at 4 °C for 5 minutes.
- I. Aspirate solution but be careful not to disturb the organoid pellet.
- m. Repeat centrifugation and aspiration to remove all the liquid to prevent dilution of the cryopreservation medium.
- n. Resuspend segmented organoids in 90% FBS, 10% DMSO, and 10 μ M Y-27632, and dispense 500 μ L of the organoid mixture into each labeled cryovial.
- o. Place cryovials in a freezing container, and store at -80 $^{\circ}\text{C}$ for 24 hours.
- p. Transfer the cryovials to a liquid nitrogen tank for long term storage.

DATA EXAMPLES



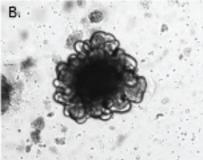




FIGURE 1. Mouse Small Intestine Organoids. Representative brightfield images of undifferentiated (A) and differentiated (B, C) mouse small intestine organoids that were cultured using Cultrex UltiMatrix RGF Basement Membrane Extract (R&D Systems, Catalog # BME001-05) and the Bio-Techne reagents listed in this protocol.

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